

STARBUCKS

ALLERGEN MENU

Complete Ingredient & Allergen Guide

9

Major Allergens
Tracked

50+

Menu Items
Covered

2025

Updated
Guide

HOW TO READ THIS GUIDE



CONTAINS this allergen



MAY CONTAIN (cross-contact risk)



Not a listed ingredient

This guide is for informational purposes only. Always consult staff regarding specific allergen needs.

starrbucksmenu.com

■ ESPRESSO & COFFEE BEVERAGES

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/Shell
Caffe Latte	●	—	—	—	—	—	—	—
Cappuccino	●	—	—	—	—	—	—	—
Caffe Americano	—	—	—	—	—	—	—	—
Caffe Mocha	●	—	■	■	—	—	—	—
Flat White	●	—	—	—	—	—	—	—
Espresso	—	—	—	—	—	—	—	—
Macchiato (Espresso)	●	—	—	—	—	—	—	—
Caramel Macchiato	●	—	—	●	—	—	—	—
Vanilla Latte	●	—	—	—	—	—	—	—
Cinnamon Dolce Latte	●	—	—	—	—	—	—	—
White Chocolate Mocha	●	—	—	●	—	—	—	—
Honey Oat Milk Latte	■	—	—	—	—	—	—	—
Brown Sugar Oat Milk Shaken Espresso	■	—	—	—	—	—	—	—
Iced Caffe Latte	●	—	—	—	—	—	—	—
Iced Caramel Macchiato	●	—	—	●	—	—	—	—
Iced White Chocolate Mocha	●	—	—	●	—	—	—	—

■ SEASONAL & SPECIALTY BEVERAGES

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/Shell
Pumpkin Spice Latte	●	—	—	—	—	—	—	—
Peppermint Mocha	●	—	■	■	—	—	—	—
Chestnut Praline Latte	●	—	—	—	●	—	—	—
Toasted White Chocolate Mocha	●	—	—	●	■	—	—	—
Caramel Brulee Latte	●	—	—	—	—	—	—	—
Gingerbread Latte	●	—	—	—	—	—	—	—
Pistachio Latte	●	—	—	■	●	—	—	—
Lavender Cream Oat Milk Matcha	■	—	—	—	—	—	—	—
Iced Apple Crisp Oat Milk Shaken Espresso	■	—	—	—	—	—	—	—

■ FRAPPUCCINO BEVERAGES

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/ Shell
Coffee Frappuccino	●	—	●	—	—	—	—	—
Caramel Frappuccino	●	—	●	●	—	—	—	—
Mocha Frappuccino	●	—	●	■	—	—	—	—
Vanilla Bean Frappuccino	●	—	●	—	—	—	—	—
Java Chip Frappuccino	●	—	●	■	■	—	—	—
Matcha Green Tea Frappuccino	●	—	●	—	—	—	—	—
Strawberry Frappuccino	●	—	●	—	—	—	—	—
Double Chocolatey Chip Frap	●	—	●	■	■	—	—	—
White Chocolate Mocha Frap	●	—	●	●	—	—	—	—
Caramel Ribbon Crunch Frap	●	—	●	●	—	—	—	—

■ TEAS & REFRESHERS

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/ Shell
Chai Tea Latte	●	—	—	—	—	—	—	—
Iced Chai Tea Latte	●	—	—	—	—	—	—	—
Matcha Tea Latte	●	—	—	—	—	—	—	—
London Fog Tea Latte	●	—	—	—	—	—	—	—
Brewed Hot Teas	—	—	—	—	—	—	—	—
Passion Tango Herbal Tea	—	—	—	—	—	—	—	—
Mango Dragonfruit Refresher	—	—	—	—	—	—	—	—
Strawberry Acai Refresher	—	—	—	—	—	—	—	—
Pink Drink	■	—	—	—	—	—	—	—
Dragon Drink	■	—	—	—	—	—	—	—
Lemonade / Iced Teas	—	—	—	—	—	—	—	—
Caramel Apple Spice	●	—	—	●	—	—	—	—

■ BAKERY & PASTRIES

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/ Shell
Butter Croissant	●	●	●	●	—	—	—	—
Chocolate Croissant	●	●	●	●	■	—	—	—
Blueberry Muffin	●	●	●	●	—	—	—	—
Banana Nut Bread	●	●	●	—	●	—	—	—
Lemon Loaf	●	●	●	●	—	—	—	—
Pumpkin Cream Cheese Muffin	●	●	●	●	—	—	—	—

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/ Shell
Chocolate Chip Cookie	●	●	●	●	■	—	■	—
Birthday Cake Pop	●	●	●	●	■	■	—	—
Chocolate Cake Pop	●	●	●	●	■	■	—	—
Cranberry Bliss Bar	●	●	●	●	■	■	—	—
Classic Scone	●	●	●	—	—	—	—	—
Marshmallow Dream Bar	—	—	—	—	—	—	—	—

■ BREAKFAST SANDWICHES & WRAPS

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/ Shell
Bacon Gruyere Egg Bites	●	●	—	—	—	—	—	—
Egg White & Red Pepper Egg Bites	●	●	—	—	—	—	—	—
Kale & Mushroom Egg Bites	●	●	—	—	—	—	—	—
Double Smoked Bacon Sandwich	●	●	●	—	—	—	—	—
Sausage, Cheddar & Egg Sandwich	●	●	●	—	—	—	—	—
Spinach, Feta & Egg White Wrap	●	●	●	—	—	—	—	—
Turkey Bacon, Cheddar & Egg Sandwich	●	●	●	—	—	—	—	—
Bacon, Sausage & Egg Wrap	●	●	●	—	—	—	—	—
Ham & Swiss Panini	●	●	●	—	—	—	—	—

■ LUNCH & SNACKS

Menu Item	Milk	Eggs	Wheat	Soy	Tree Nuts	Pea-nuts	Ses-ame	Fish/ Shell
Chicken & Double-Smoked Bacon on Multigrain	●	●	●	—	—	—	●	—
Tomato & Mozzarella Panini	●	●	●	—	—	—	—	—
Edamame Hummus Wrap	—	—	●	●	—	—	●	—
Protein Box – Eggs & Cheese	●	●	—	—	—	—	—	—
Protein Box – PB&J;	●	●	●	—	—	●	—	—
Cheese & Fruit Bistro Box	●	—	—	—	—	—	—	—
Mixed Nuts Snack Pack	—	—	—	—	●	—	—	—
Cheese Crackers	●	—	●	●	—	—	—	—
Kind Bar	—	—	■	■	●	■	—	—

TIPS FOR CUSTOMERS WITH ALLERGIES

■ Always Inform Staff	Let your barista know about any allergies before ordering. They can use fresh containers or rinse equipment where possible.
■ Use the Starbucks App	The Starbucks® app lists real-time allergen info and lets you customize drinks to avoid specific ingredients.
■ Milk Alternatives	Choose oat, almond, soy, or coconut milk as dairy-free options — though cross-contact cannot be fully guaranteed.
■ Shared Equipment	Blenders, pitchers, and warming ovens are shared. Even allergen-free items may have cross-contact exposure.
■ Gluten-Conscious	Marshmallow Dream Bar and Egg White & Red Pepper Egg Bites are lower-gluten options; however, Starbucks is not a gluten-free kitchen.

This allergen guide is based on standard recipes and is subject to change without notice. Starbucks cannot guarantee a completely allergen-free environment. Ingredients and recipes may vary by location, season, or regional availability. This document is for informational purposes only. Always verify allergen information with your local Starbucks before ordering. For the most current allergen details, visit starbucksmenu.com or consult the Starbucks® mobile app.